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Create Your Own Florida Food Forest



Synopsis

If you've been fighting with your Florida garden, you're doing it wrong! Florida wants to be covered in forest, not grass and annuals. Picture yourself strolling through a lush and tame jungle loaded with sweet fruit, vegetables, roots, medicinal herbs, flowers, and darting butterflies. Now imagine that Eden is your very own Florida yard! By creating an edible forest garden, you'll be working with nature instead of against her. No matter where you live in the state, you can transform a patch of grass or woods into a magical edible Eden in just a few years. Discover the permaculture breakthrough that may one day feed the world. Learn how to build soil, get plants for free, and grow more food with less work in this book with expert Florida gardener David The Good.

Book Information

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Customer Reviews

I love David's blog, and love this book just as much. Living in the subtropics in south Florida, traditional gardening books rarely (if ever) address our climate. Many traditional fruits just don't grow well, or at all, in this area. David's book is an EXCELLENT resource for all sorts of edibles. Unlike non-Floridian gardeners, he understands the differences between growing in the northern half of the state versus the southern, and gives suggestions for BOTH areas. I was delighted to read about all sorts of plants I had never considered before. Many of them I had never even heard of. The book is geared a bit more towards the northern part of the state, but I definitely found enough for my area to make the purchase worthwhile. All in all, this is a great reference book for growing in Florida. My

food forest is started! :-)

David has been a die hard gardener pretty much so since birth. So for him to speak about his native garden and how to get the permaculture gig down in Florida this is an excellent resource. Wish to obtain a yield? Well in here is the way to get it done in Florida.

Good information for the price. This is a short read; something like a booklet. I'd like if there was a bit more technical information and illustrations, but the list of suggested species for different regions is a great jumping-off point to get started. Definitely worth the few dollars to help support David's mission. I do wish it had more information for South Florida, but David lives in the northern part of the state, so that's where the bulk of his experience comes from. Still very useful for me here in West Palm, however. UPDATE: I bought the kindle version, but just purchased the hard copy. I prefer hard copies, and like I already said, it's a small price to pay to support David, his work, his blog, writings, etc.

Awesome little book! Just what I needed to get our food forest project in North Florida started! Easy to read, full of great to the point info, with some humour to keep it interesting. I see it being one of the books I go back and reference regularly.

Dabbling in gardening, planted a few fruit trees... how do you make it all work together and not increase your work load taking care of all the yard work? Your answers lie within! My husband was thinking I was crazy spending more and more time in the yard even in the blazing hot Florida summers. I had my heart set on future yields from my garden and newly planted fruit trees. After a while I started to realize this was getting to be a lot of work and there had to be a better way. Working with nature instead of against it. David clearly lays out where to begin to develop your very own food forest which operates almost on auto-pilot after you get the groundwork done. Whether you are starting on a small scale or go whole hog and turn your yard into a jungle producing loads of food with minimal work, this book contains loads of great info presented in a humorous and passionate way. I highly recommend it!

I actually know this guy. And he KNOWS his NCentral Florida stuff. He is a speaker at our local food sustainability group and a presence at our farmers market too. David the Good, knows it, grows it, eats it sells it. AND shares his knowledge & skill set freely BUY this one, check out his new

COMPOST EVERYTHING book too!

This is a fun, easy to read manual that is full of great ideas and flexibility about how to implement them. Obviously aimed at a particular audience, but if you want to make your yard or part of it fun and productive, check this book out.

Even if you're not in Florida there's lots of great information! Down to earth advice about gardening and food forests. The author explains how to get started without spending a lot of money, the basics of propagation and how to choose plants that will do well in your area. Information is presented clearly and with enthusiasm and humor. I've read many gardening books and a couple of permaculture books; this book is outstanding!

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